

Substance Use Disorder: Early and Sustained Remission

In an effort to aid health information coding professionals, the following tip is provided by the CHIA Coding & Data Quality Committee as an educational resource.

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ICD-10-CM code descriptions for substance use disorder differentiate between use, abuse, and dependence. These codes were revised to include nonessential modifiers to describe mild, moderate, and severe use disorder. DSM-5 clinical terminology further differentiates between those

use disorders in early remission versus those in sustained remission. New codes have been added to further incorporate three additional clinical terms from DSM-5: substance abuse in remission, substance use disorders in early remission, and substance use disorders in sustained remission.

Examples:

New Code	Description	Nonessential Modifiers
F10.11	Alcohol abuse, in remission	Alcohol use disorder, mild in early remission Alcohol use disorder, mild in sustained remission
Revised Code	Description	Nonessential Modifiers
F10.21	Alcohol dependence, in remission	Alcohol use disorder, moderate, in early remission Alcohol use disorder, moderate, in sustained remission Alcohol use disorder, severe, in early remission

Reference: Centers for Medicare and Medicaid Services. (2018). ICD-10-CM Official Guidelines for Coding and Reporting, FY 2018. Retrieved from cms.gov/Medicare/Coding/ICD10/Downloads/2018-ICD-10-CM-Coding-Guidelines.pdf

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California Health Information Association, AHIMA Affiliate, 2018.



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